

Blythe Bridge High School & Sixth Form Online Safety Newsletter: February 2020

Safer Internet Day 2020



**Safer
Internet
Day 2020** | Tuesday
11 February
Together for a better internet
www.saferinternetday.org.uk



**Safer Internet Day (SID) is on the 11th February this year
and will be celebrated globally with the theme:
Together for a better internet**

What is Safer Internet Day?

Safer Internet Day is coordinated in the UK by the UK Safer Internet Centre but is celebrated across the globe. Its aim is to inspire a conversation about using technology responsibly and urges parents, schools and other organisations to get involved.

Resources for parents

The UK Safer Internet Centre have produced a series of short films for SID in which they asked young people to give their advice for parents/carers about how they can talk to their children about their online lives. The clips are available to watch here:

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2020/i-am-parent-or-carer/film-how-can-parents-talk-children>

We hope you can get involved on the 11th February!

Hollie Guard App

The Hollie Guard app works on iPhone, Android and Windows devices. The app allows you to keep an eye on your children while they are traveling to and from school using the Journey feature, so whenever they use this feature, their emergency contacts (you) are informed about where they're going.

Users can also use this app to get help quickly while out if they're in danger. If a user is in danger, they shake or tap their phone, which activates Hollie Guard and automatically sends their location and audio/video evidence to their designated contacts. Visit their website for further information or to register your interest:

<https://hollieguard.com/>



Apps to watch out for

There always seem to be new apps being released and with that, you need to be aware of any risks in using these new apps (such as privacy concerns/stranger interaction). Common Sense Media have produced this article outlining some of the apps that may be currently on your child's radar:

<https://www.commonsensemedia.org/blog/apps-to-watch-out-for>

Try and have regular chats with your child and take an interest in what they are doing online/whilst using their phone and provide support when necessary.

How to handle sexting incidents as a parent

SWGfL have produced this article detailing how parents/carers could manage sexting incidents with young people along with further links to additional resources should you need further advice:

<https://swgfl.org.uk/magazine/sexting-incidents-parent-teacher/>

Childline Calm zone

Childline have created this area, which includes activities, tools, games and videos. Its aim is to give you ideas to make you feel calmer when you are stressed or anxious.

<https://www.childline.org.uk/toolbox/calm-zone/>

Apple – parental controls

If your child has an Apple device then you/they have probably updated their device to iOS 13.3 by now. Did you know that this update included two new screen time features for parents?

Communication limits

This new feature allows you to limit who your child can call, FaceTime or Message during allowed screen time and during downtime. During allowed screen time, users can be contacted by everyone or by contacts only, which prevents unknown contacts from contacting them.

You will need to go to Settings - Screen Time - Communication Limits to set up. *iCloud syncing of Contacts must be enabled for this feature to work*

Contact list

The contact list for children lets parents/carers manage their child's contacts on their child's devices.

The above two features are in addition to the parental controls offered by Apple. To set up parental controls or for further information about all of the other parental controls available (such as preventing explicit content) then visit Apple's website here:

<https://support.apple.com/en-gb/HT201304>

