

Year: 13

Subject: Pearson BTEC Level 3 Sport

Autumn Term		
Overarching Topic:		
What has come before and what comes later:	<p>Students have completed a number of units in Y12 covering the following topics: Anatomy and Physiology; Fitness, training and programming; Sports Leadership; Application of Fitness Testing; Development and provision of Sport; Investigating Business in Sport; Skill Acquisition.</p> <p>They will have started to look into the professional development in sport looking at the career and job opportunities in the sports industry. They will have started to research events organisation, looking at different types of event and how to go about planning and delivering their own event. Students will have also begun looking at sports injuries and their physiological and psychological responses.</p> <p>During this term students will continue with these topic areas and run their own sports event. They will look further into careers, exploring their own skills and create a personal action plan for career development, explore common treatment and rehabilitation methods for injuries.</p> <p>They will also start a new unit looking a practical sports performance where they will initially start researching rules, regulations, scoring systems and roles of officials.</p>	
	Core	Extension
The Big Questions (What questions will students be able to answer upon mastery of the topic?)	<p>Unit 3: Professional development in the sports industry:</p> <ul style="list-style-type: none"> • What personal interests and accomplishments do you have? • What personal qualities, experience and qualifications do you have? • What employability skills do you think you possess? • Are there any specific technical skills you possess that would most suit your chosen career path? • Complete a swot analysis on your personal profile. <ul style="list-style-type: none"> • What do you need to include in a CDAP? • Can you use the SMARTER objectives to plan out your CDAP? • Where can you look to apply for a job? • What should be included within a job 	<ul style="list-style-type: none"> • How do your interests, qualities and experience enable you to progress in a chosen career? • How do your employability and technical skills give you an advantage in a chosen career over others? • What does the swot analysis tell you about strengths and areas to improve for your chosen career? • How can you ensure your CDAP is relevant to your chosen career pathway?

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	<p>advertisement?</p> <ul style="list-style-type: none"> • What factors need to be looked at when writing a job description and person specification? • How do you apply for a job and write a CV? • What communication and presentation skills are needed for a good job interview? • What types of forms are used to give feedback for a job interview? • What is a self-analysis and why are they used? <p>Unit 10 Sports Event Organisation:</p> <ul style="list-style-type: none"> • What are the main roles and responsibilities of the people within the event team? • What are the key considerations that you need to be aware of when planning a sports event? • What physical resources are needed when planning a sports event? • What financial resources are needed when planning a sports event? • What health and safety considerations are there when planning a sports event? • What are the key promotion planning and implementation considerations? • What are the key delivery considerations? • What different types of leadership can be used when running events? • Why is it important to keep to a plan? • What types of promotion can be used for events? • How are you going to promote your event? 	<ul style="list-style-type: none"> • What are the important areas to read and concentrate on when reading through a job application form? • What can you do to make you stand out from other applicants? • How do interviewers and interviewees conduct themselves differently? • What would you need to consider when giving feedback after an interview? • How can a self-analysis help you to improve in the future? • Explain the structure and organisation needed for sports event organisation. • What is target marketing? • What ethical considerations need to be taken account of when proposing a sports event? • factors must be taken into account when delegating roles within the team? • What type of leadership will best suit your event and why? • How can SMARTER targets be used to ensure planning is effective? • Why and how will promotion be vital to the success of an event? • How can feedback be used to improve the running of future events?
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	<ul style="list-style-type: none"> • What contingencies need to be put in place? • What forms of feedback can be used to judge the effectiveness of an event? • What responsibilities and skills can be analysed? <p>Unit 7 Practical Sports Performance</p> <ul style="list-style-type: none"> • What are NGB's and ISF's? • Why do rules and laws exist in sport? • What levels of competition exist and how do these differ in sports? • What is etiquette? What is sportsmanship? • What rules and regulations exist for a chosen sport? • What rules can/have been broken within selected sports? • What different officials exist in sport? • What are officials' key roles and responsibilities? • 	<ul style="list-style-type: none"> • How do governing bodies influence sport? • Why do different sports have different competitions and formats? • What is the difference between etiquette and sportsmanship? Which would you consider to have more value? • Why do performers have to comply with the rules and regulations? • What impact can breaches in the rule have on game play, players and officials? • How can officials affect sports performance? •
	<i>Skill/Technique</i>	<i>How students will develop and demonstrate this</i>
Key skills	•	•
Spring Term		

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Overarching Topic:		
What has come before and what comes later:	<p>The students have experienced a range of content to develop knowledge and understanding of Sports Event Organisation and Sports Injury Management. They have been able to apply knowledge and understanding to various tasks and questions in preparation for coursework completion.</p> <p>Students have studied the different types of sports event and the planning, promotion and delivery of a sports event. Students will review the planning, promotion and delivery of their sports event and analyse their own performance. Students have studied the common sports injuries and their associated physiological and psychological responses. They will be exploring the common treatment and rehabilitation methods adopted for the use on different athletes.</p>	
	Core	Extension
The Big Questions (What questions will students be able to answer upon mastery of the topic?)	<p>Unit 7:</p> <ul style="list-style-type: none"> What techniques are used in selected sports? What skills are used in selected sports? What tactics are used in selected sports? What are the different types of practice? Can you demonstrate a range of skills techniques and tactics in two sports? Can you clearly evidence and explain the difference between the skills and tactics being demonstrated? <p>Unit 8:</p> <ul style="list-style-type: none"> What are the main skills a performance coach would need? What are the key factors to think about when organising a session? What different types of communication can be used when coaching? What is diplomacy? What are the two different types of motivation? What types of goals can be set for athletes? Why is knowledge of correct technical models especially important for a coach? 	<ul style="list-style-type: none"> How can the different types of skills affect tactics within a sport? Is technique as important as skill? Explain. How can you develop tactical awareness? Which types of practice are best suited to developing different types of skills and tactics? Can you efficiently perform a range of skills techniques and tactics in two sports? Can you clearly evidence and justify the impact of your skills and tactics on the performance? <p>Unit 8:</p> <ul style="list-style-type: none"> Why are different types of communication important and how are the best suited to different approaches to coaching? What situation may a coach need to ensure they can use diplomacy? And how can this impact performers? How can motivation affect performance? How are the different technical methods of learning suited to different sports? What are the best methods to deliver tactics

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	<ul style="list-style-type: none"> • What is whole-part-whole learning? • What is chaining? • What is shaping? • Why is knowledge of tactical performance models important? • How can a coach plan for challenge and development? • What qualities must a coach possess? • What does safeguarding mean? • How can coaches ensure equal opportunities? • What is duty of care? • How are risk assessments conducted and why are they important? • What emergency procedures should be in place during a coaching session? • What administration should be carried out for each coaching session? • What is a technique? • What is a skill? • What are tactics? • What are isolated practices? • What are conditioned practices? • What is a competitive situation and when could this ideally be used? • What 3 factors should a coach consider when evaluating their practice? • What different ways can a coach adapt their practice using participants, environment and equipment? <p>Unit 9:</p>	<p>within different sports?</p> <ul style="list-style-type: none"> • What factors could affect a coaching session and how can these be planned for? • Which qualities are the most important and why? Would these be different for different coaches or sports? • Why are safety and risk two essential components of coaching? <ul style="list-style-type: none"> • What is the difference between a skill, technique and tactic? • Which types of practice are best suited to developing different types of skills, techniques and tactics? • Why is evaluation important and how can it impact on future sessions? • Why is it important for a coach to be able to adapt their sessions?
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	<ul style="list-style-type: none"> What is primary and secondary research? What is qualitative and quantitative research? Why is research important in sport? What is validity? What is internal and external validity? What is reliability? What is accuracy and precision in relation to research? What is meant by the terms ethics and ethical clearance? What needs to be considered within research ethics? <p>Unit 17</p> <ul style="list-style-type: none"> What are acute injuries? What are overuse injuries? What are the red flag symptoms to suspected spinal injuries? What are the physiological responses to injury? What are the psychological responses to injury? What are the three categories of psychological response to injury? 	<p>Unit 9:</p> <ul style="list-style-type: none"> What is the relevance of primary and secondary research? What type of research is qualitative and quantitative research best suited to and why? What ways can you search for sources of information? Why are validity and reliability important factors when conducting research? How can accuracy and precision impact reliability and validity? How can ethical issues impact research settings? <ul style="list-style-type: none"> What are the common signs and symptoms specific to a grade I ligament tear? What is tendinopathy? What are the common signs and symptoms to synovitis? When is it essential for an athlete to receive urgent medical referral for a spinal injury? Explain the three phases of physiological responses to injury? Explain the Wiese-Bjornstal integrated model (1998)
	Skill/Technique	How students will develop and demonstrate this
Key skills	<ul style="list-style-type: none"> Identifying 	Develop through:

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	<ul style="list-style-type: none"> • Explaining • Analysing • Evaluating • Delivering practical sports sessions. • Public speaking. • Organisation and planning. 	<ul style="list-style-type: none"> • Understanding the considerations when proposing, planning and delivering a sports event. • Studying the different acute and overuse injuries. • Understanding the different physiological and psychological responses to injury. <p>Demonstrate:</p> <ul style="list-style-type: none"> • Practical lessons. • Practical workshops • Experience at different primary sporting events through our primary school partnership.
Summer Term		

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Overarching Topic:		
What has come before and what comes later:		
	Core	Extension
The Big Questions (What questions will students be able to answer upon mastery of the topic?)	<p>Unit 7:</p> <ul style="list-style-type: none"> What is a SWOT analysis? What is performance profiling? How can technology be used to review a performance? What is objective performance data analysis? What elements of a performance need to be included in a performance review? What should be included in a development action plan? 	<ul style="list-style-type: none"> What are the advantages and disadvantages of different types of analysis? Which are the most effective, using sports to justify your answer? How can you use performance analysis to plan for future development?
	<p>Unit 8:</p> <ul style="list-style-type: none"> What does a coach need to consider when planning a session? How does the environment and equipment affect the planning of a session? What needs to be included in the design of a session plan for the activities? What should be included in an individual coaching session plan? 	<ul style="list-style-type: none"> Why is it important for a coach to have a clear session plan?
	<p>Unit 9:</p> <ul style="list-style-type: none"> What are the different quantitative research designs? What are the different quantitative data collection methods? What is descriptive statistics and ways to organise data? 	<p>Unit 9:</p> <ul style="list-style-type: none"> How would you select the best design for your research? What information would you need to select the best form of data collection? How would you choose the best test to collect

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	<ul style="list-style-type: none"> • What forms of distribution curves can be used? • What are inferential statistics? • Explain the different types of inferential statistical tests? • How would you display your data? • What are the different qualitative research designs? • What are the different qualitative data collection techniques? • What are the different qualitative data analysis methods? • What are the different stages of qualitative data analysis? 	<p>data?</p> <ul style="list-style-type: none"> • Which types of inferential statistical tests would best suit your data collection and why? • How would you select the best qualitative design method? • How would you best select the appropriate technique for your research?
	<i>Skill/Technique</i>	<i>How students will develop and demonstrate this</i>
Key skills		<ul style="list-style-type: none"> •